



Stronger Every Day™

SelectTech® 1090i Dumbbells

Serious Strength Training



DUMBBELL FEATURES

- » 4 to 41 kg.
- » Adjusts in 2.5 kg. Increments
- » 30+ Exercises Available
- » 17 Weight Settings
- » Free SelectTech™ App
- » Weight Selection Dial
- » Durable Molding
- » Compact Design

WHY SELECTTECH® 1090i DUMBBELLS?

Replaces up to 34 Dumbbells

With just the turn of a dial, change your resistance from 4 kg. all the way up to 41 kg. of weight.

Adjusts to Your Workout

Adjust in 2.5 kg. increments so you can gradually increase strength.

Space Efficient

Say goodbye to 17 sets of dumbbells cluttering your workout space.

Wider Weight Range

With weight that adjusts up to 41 kg., you'll continue to see results as your fitness level improves.



Adjusts from 4 to 41 kg.



Premium Grips



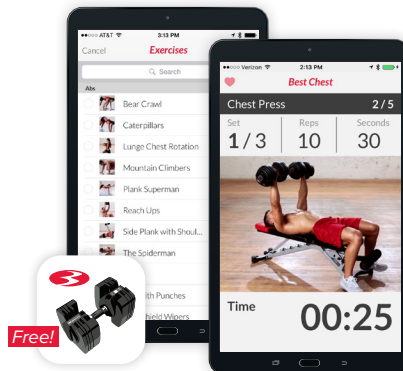
Weight Selection Dials



APP CONNECTIVITY

Free SelectTech™ App

- **70 Coaching Videos** – Follow along to our exercise library to help master perfect training form.
- **6 Week Challenge** – This classic 6-week total body program provides day-by-day workouts designed for your success.
- **Pre-loaded Workouts** – Choose from single workouts designed to help you target specific muscle groups.



DUMBBELL SPECS

Dimensions

444 mm L x 242 mm W x 254 mm H

Assembled Product Weight

42 kg. each (base included)