CONNECTS TO:

SPIRIT

FITBIT*

HEALTH KIT*

AND MORE!



The XE395 was designed with 20 levels of electronic incline and 3 foot pedal angle settings to keep your workout challenging and effective. Proper ergonomics and biomechanics, a solid feel, important workout data feedback, and effective programs will help you stick with your exercise routine and achieve your long term fitness goals.

FEATURES

- 7.5" bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays
- Electronic incline provides 20 levels of adjustment to modify your elliptical pedal pattern
- Remote handlebar toggles for both resistance and incline allow for secure workout changes without taking your hands off the handlebars
- Dual track system with concave roller wheels and aluminum rails for added stability and durability
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap transmitter included)
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Bluetooth compatible with SPIRIT FIT App to monitor and record your workout data













- Sync Your Workouts
- Multiple User Profiles
- Program Selection
- Track Your Workouts
- 3 Different Displays

EQUIPMENT SPECIFICATIONS

Console 7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet-Friendly Reading Rack,

Adjustable Console Angle, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT FIT App

Programs Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2

Heart Rate Contact & Telemetric, Heart Rate Transmitter Strap Included

Resistance/Incline 20 Levels, 20 Levels

Handlebar Toggles Yes (Resistance & Incline)

Dual Rail Track System

20" Stride Length

Flywheel 30 lb

Handle Bars Multi Position Grip - Coated

Foot Pedals Adjustable (3 angles), 2" pedal spacing (Q-Factor), 2-degree inversion, cushioned

76" L x 29" W x 64" H **Dimensions**

Product Weight 216 lb Max User Weight 400 lb

WARRANTY INFORMATION

Residential Warranty: Frame/Brake: Lifetime, Parts: 10 years, Labor: 1 year

Ver 4.0



