CREATE

ENERGY



X-21 CROSS TRAINER

Ideal for all-round fitness, the rear-drive X-21 Cross Trainer creates a smooth elliptical motion, allowing you to build muscular and cardio endurance without having to put impact strain through sensitive joints.







adidas X-21 CROSS TRAINER

- > SELF-GENERATING POWER; NO WIRES OR PLUGS NEEDED
- > 10 kg / 22lb REAR-DRIVE FLYWHEEL CREATES A SMOOTH ELLIPTICAL MOTION
- > RED LED LIGHTS POWER UP WHEN YOU CREATE ENERGY
- > 24 LEVELS OF ELECTRONIC RESISTANCE
- > EASY ACCESS RESISTANCE KEYS LOCATED ON THE HANDLEBARS
- > FIXED FOOTPLATES WITH A HIGH-GRIP SURFACE
- > TRANSPORT WHEELS & GRIP BAR
- > FLOOR LEVEL ADJUSTMENT
- > WATER BOTTLE HOLDER
- HAND PULSE SENSORS
- > SOLID BUILD QUALITY: 150 kg / 330 lb MAX, USER WEIGHT





X-21 CROSS TRAINER

- > INTEGRATED SPEAKERS WITH BLUETOOTH CONNECTIVITY
- > 4 TARGET MODES: TIME, DISTANCE, CALORIES & PULSE





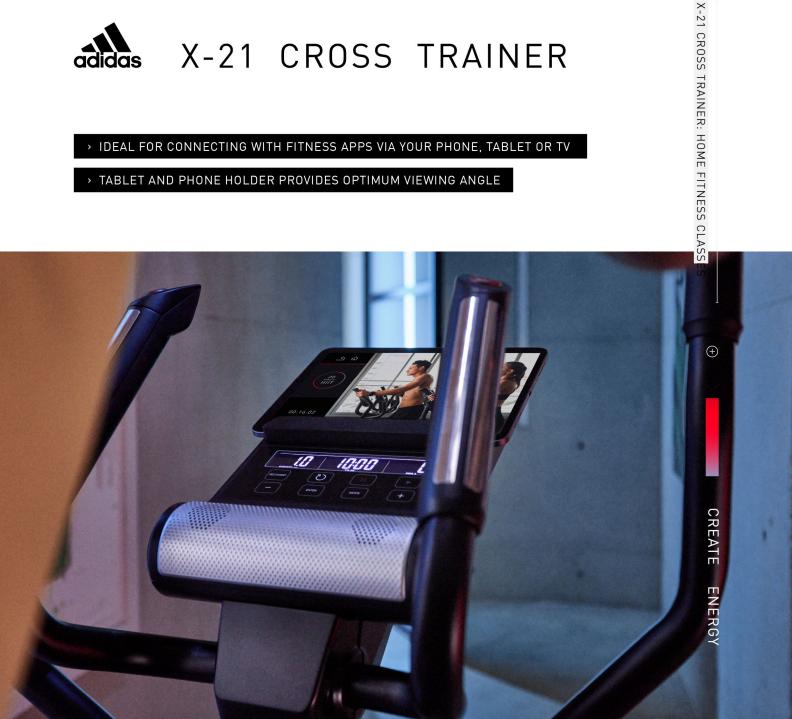
adidas X-21 CROSS TRAINER

Built around a self-generating motor, you are the one that creates energy and powers the X-21's impressive features. No need for a power adapter, tangled wires or restrictive plug sockets, you have the power and freedom to train anywhere in your home.



X-21 CROSS TRAINER

- > IDEAL FOR CONNECTING WITH FITNESS APPS VIA YOUR PHONE, TABLET OR TV
- > TABLET AND PHONE HOLDER PROVIDES OPTIMUM VIEWING ANGLE





adidas X-21 CROSS TRAINER

- > FIXED FOOTPLATES WITH A HIGH-GRIP WORKOUT SURFACE
- > 38cm / 15" STRIDE LENGTH PROVIDES A COMFORTABLE ELLIPTICAL MOTION FOR ALL USER HEIGHTS

