

# LADDER BARREL RC



Ladder Barrel RC

The **Ladder Barrel RC** is designed to offer fast adjustment of the barrel to make it quicker and easier to set the barrel up correctly for different sized users or exercises. To adjust the barrel, simply open the two quick-release cam levers, slide the barrel in or out, and close the levers! Like its predecessor, the RC Ladder Barrel offers industry leading levels of adjustment with 31cm of adjustability. In addition, the apparatus comes complete with 2 padded standing boards (often sold separately for around £100) which makes it easy to get the perfect set up for all heights of people.

The RC Ladder Barrel arc and dimensions have been revised and now closely match classical proportions and the 4 rungs provide different hand and foot placement options, allowing you to perform various exercises at different heights and angles.



Find Out More



FEATURES  
VIDEO



ASSEMBLY  
VIDEO

## Product Options

Product	Dimensions	Code
Ladder Barrel RC – Built	125cm (L) × 90cm (W) × 105m (H)	PAPLADDERRCBUILD
Ladder Barrel RC – Flat Packed	125cm (L) × 90cm (W) × 105m (H)	PAPLADDERRC

## What's Included?

- Two padded standing boards worth over £100
- Padded zip-on rung wrap

