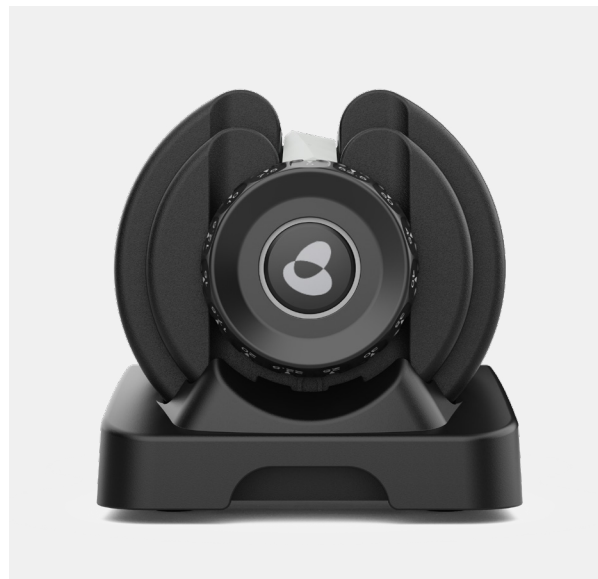
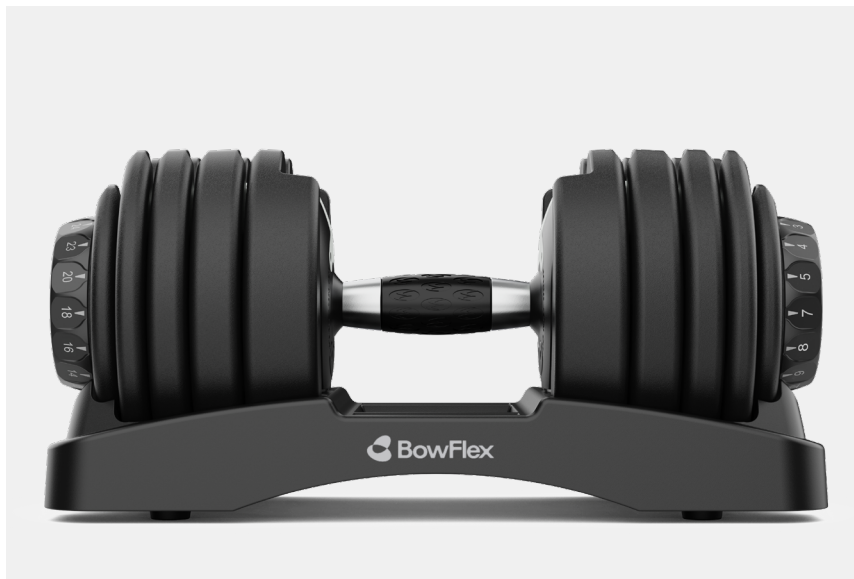


| SelectTech® 52 Dumbbells



Designed for durability and quick weight adjustments for a new standard in strength training.

Quick adjustment dials

Switch between weight settings with a quick twist of the dials, from 2 to 24 kg per dumbbell.¹

Space-saving design

Get more workout in less space by replacing 15 separate weights with a single, all-in-one set.

Premium metal components

Reinforced with durable metal plates and a locking system to keep weights in place.

Comfortable grip

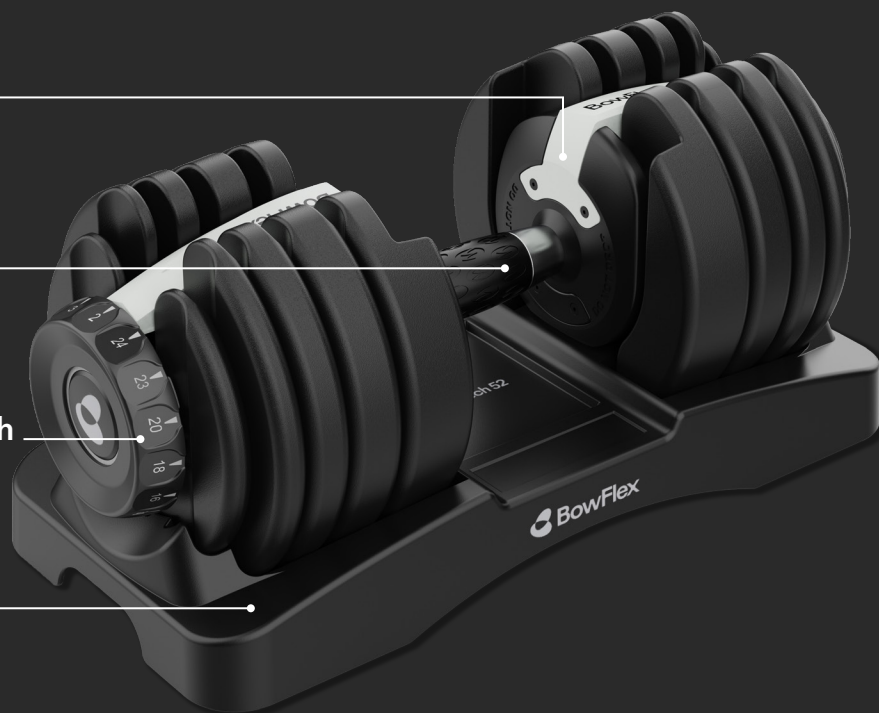
An ergonomic, non-slip handle provides extra control and comfort with each lift.

Additional features

- Storage trays included
- Compatible with SelectTech Dumbbell Stand with Media Rack (sold separately)

SelectTech® 52 Dumbbells

- ① Premium, durable metal components
- ② Comfortable, non-slip grips
- ③ Replaces 15 dumbbells with one, all-in-one system
- ④ Space-saving design with storage trays



Product details

Product dimensions:
17.4" L x 8.3" W x 8.1" H
(44.3 x 21.1 x 20.7 cm)

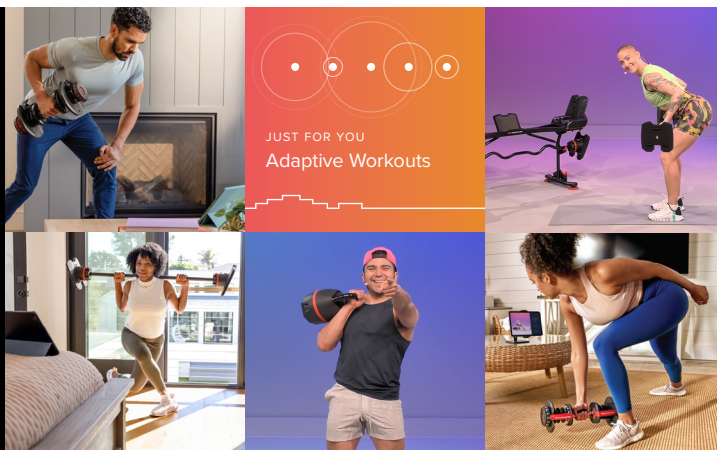
Product weight:
56 lbs. (25.2 kg)
with storage trays included

Weight settings:
5, 7.5, 10, 12.5, 15, 17.5, 20, 22.5, 25, 30, 35, 40, 45, 50, and 52.5 lbs.
(2, 3, 4, 5, 7, 8, 9, 10, 11, 14, 16, 18, 20, 23, 24 kg)¹



Try JRNY® free
for 2 months²

- Adaptive workouts
- Trainer-led classes
- Performance tracking
- Whole-body workouts
- From your phone or tablet



¹ Please be advised that due to tolerances in the manufacturing process, individual weight settings may vary from their stated weight values.

² Offer limited to new JRNY members and subject to change without notice. JRNY® membership auto renews annually at then-current annual rates, plus applicable taxes, unless canceled at least 48 hours before free period ends.

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