



# Max Trainer® M8

Personalized workouts starting at only 4 minutes.



## MACHINE FEATURES

- » Multi-Grip Handles
- » Magnetic Media Tray
- » Interactive Full Color Backlit Display
- » Water Bottle Holder
- » Sports Performance Pedals
- » Transport Wheels

## MEET MAX

### Meet Your Fitness JRNY Coach

Max integrates with the JRNY™ app and delivers custom workout, friendly virtual coaching, real-time feedback, and more.\*

*\*JRNY™ app subscription required.*

### Less Time, Max Results

Try the classic 14-minute workout or let Max's dynamic coaching<sup>o</sup> guide the way. Whether you've got 4 minutes to burn or 30, Max automatically adjusts to make even the shortest workouts count.

### 2-in-1

Max combines the full-body, low-impact motion of an elliptical with the calorie-burning power of a stepper to help you torch calories.

### Save Space

At a fraction of the size of most ellipticals and treadmills, this space-saving machine easily rolls into nearly any corner of your home.



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## WHY MAX?

<p><b>Max Adapts to You</b> The JRNY™ app tailors workouts to your unique capabilities.†</p>	<p><b>Max Calorie-Burn</b> Combines the low-impact motion of an elliptical with the calorie-burning power of a stepper.</p>	<p><b>Low Impact</b> Max helps you become stronger, fitter, and healthier without the jarring impact.</p>	<p><b>Save Time</b> Smarter, personalized interval training makes even the shortest workouts count.†</p>
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†JRNY™ app subscription required.

## TECHNOLOGY

- » Bluetooth® Connectivity
- » JRNY™ App Compatible
- » Explore the World™ App Available
- » 4 User Profiles
- » 20 Resistance Levels
- » 7 Programs
- » Contact Heart Rate Grips
- » Add-Time Feature
- » USB Charging Port
- » Heart Rate Telemetry Enabled

## MACHINE SPECS

### Dimensions

1215 mm L x 782 mm W x 1656 mm H

### Minimum Ceiling Height

User height + 38 cm

### Maximum User Weight

136 kg.

### Assembled Product Weight

67.1 kg.

### Power Source

Included AC Adapter



Multi-Grip Handles



Sports Performance Pedals



Transport Wheels

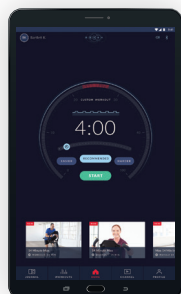
## APP CONNECTIVITY

### JRNY™ App

#### Meet Your Fitness JRNY Coach:

Max Integrates with the JRNY™ app and delivers custom workouts, friendly virtual coaching, real-time feedback, and more.†

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### Explore the World™ App

**Travel the Globe:** Automatically adjusts to your speed as you run through virtual courses\*

**Track Your Workout:** Track distance, calories, speed, and more. Then sync with popular apps.

**Map Your Workouts:** Journal captures workouts you've accomplished and shares results.

\*3 free courses available. Unlock more with a subscription.

