

# **BODYCRAFT**

The Art and Science of Movement

## **SPR**



## **SMOOTH CYCLING FOR LIFE**

The *BODYCRAFT* SPR combines Eddy Current Magnetic Resistance with a Interactive Computer to ensure you are always at your optimum resistance level. The computer displays your resistance level along with other important information making it a perfect addition to any cycling class, gym, or home environment. Cycling builds Strength and Stamina and the quality and innovation of the *BODYCRAFT* SPR is unsurpassed. Smooth, fully adjustable, and maintenance free. Make fitness fun again with the *BODYCRAFT* SPR.



## Specifications

### Frame

Heavy Duty Steel Frame with a Multi-Phase Coat/Paint process that prevents rust and corrosion. Featuring a built-in 4 point Heavy Duty Dampener/Levelers and Ball Bearing Transport Wheels.

### Flywheel

SKF Precision Sealed Bearings, Precision Balanced Perimeter Weighted Alloy Flywheel.

### Drive

Direct Drive maintenance-free Hutchinson® Automotive grade Kevlar® reinforced Drive Belt.

### Resistance

Magnetic Eddy Current Resistance controlled by indexed “Shifter Style” Lever. Our Eddy Current Technology reacts instantly to the increase and decrease of the user’s demands. Please visit [www.bodycraft.com/pdfs/eddy](http://www.bodycraft.com/pdfs/eddy) for more information on the benefits of Eddy Current Technology.

### Lower Bottom Bracket

Precision SKF Sealed Bearings and case hardened Shaft.

### Crank Assembly

Three piece cold-forged steel, 175mm Crank Arms. Narrow 175mm Q-factor.

### Pedals

9/16” Aluminum Alloy dual sided pedals with Toe Cage. *Optional SPD Pedals available.*

### Saddle Post / Handlebar Stem

Hardened Aluminum Alloy with anodized finish. Infinite Fore and Aft adjustments with Scale.

### Saddle

Fully Adjustable High Performance Racing Saddle.

### Handlebar

Multi-Grip: Aero, Cross, Bull-Horn and Racing Ergo Drop Loop grip positions.

### Power Requirements

Cordless/ Battery operated (batteries included).

### User Weight Capacity

300 lbs.

### Assembled Dimensions/Weight

52”L x 22”W x 47.5”H (133 cm L x 56 cm W x 121 cm H) / 127 lbs. (56.5 kg.)

### Boxed Dimensions/Weight

49”L x 10”W x 42”H (125 cm L x 26 cm W x 107 cm H) / 138 lbs. (63.5 kg.)

## Computer / Monitor

## Feedback

Interactive Computer displays your resistance level on a bar graph and numerically.

Displays: Level, Watts, Calories, Speed (MPH/KPH), Distance (M/KM), RPM, Time and Pulse (optional Polar® compatible Heart Rate Belt required).

Features Quickstart and Programmable Time and Distance goals. Display includes a backlight and powers down automatically to conserve battery life.