

C10-V2

ALL-IN-ONE TRAINER

+ Sleek, Strong Compact Design

11-gauge 2x2 uprights with $\frac{5}{8}$ " holes and 2" laser-cut spacing on every face. 44" interior working space and a flush, self-leveling base.

+ Freestyle Articulating Arms

The strongest, most versatile pulley arms on the market. Features a unique Lock & Flow mode system for Traditional Strength training or Dynamic Sport Specific movements.

+ Six Pulley Connections

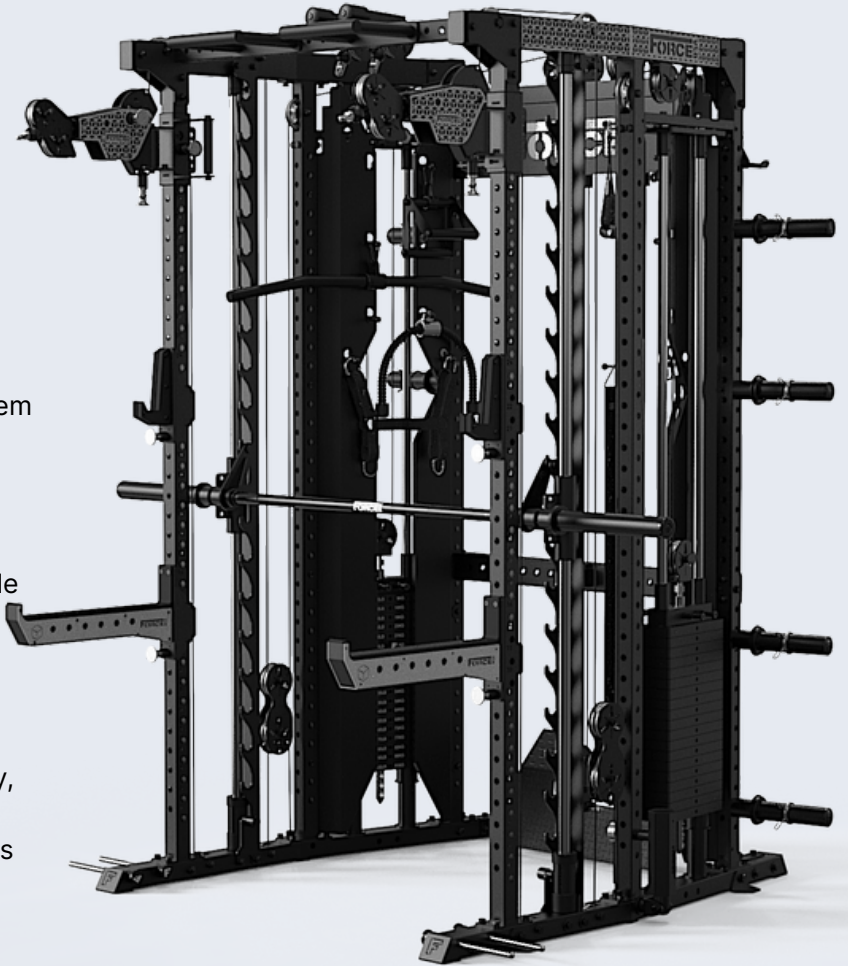
Dual Freestyle Arms plus high and low center cable station. Three pulley ratios deliver up to 500 lb of center cable resistance.

+ Single Track Smith Machine

Single-column architecture delivers superior safety, wrapping the guide rod and linear bearings in 5-gauge steel, paired with a knurled barbell, grip lines and spinning sleeves.

+ Upgradeable 250 lb Weight Stacks

Dual 200 lb stacks, upgradeable to 250 lb per side. Maximum 500 lb resistance when both 250 lb stacks connect through the 1:1 ratio system



*Sliding Bench Compatible

The Most Compact 6- Pulley Station Cornerstone

Most all-in-one trainers cut corners on steel, the C10 doesn't. 11-gauge 2x2 uprights, a single-track Smith and Freestyle Articulating Arms with Lock & Flow modes engineered for both heavy strength work and explosive, functional training.

Plate-free, cable-driven resistance up to 500 lb, upgradeable to 250 lb stacks, an integrated storage system and 20+ pro-grade attachments included. The standard for what an all-in-one trainer should be.



INCLUDED ATTACHMENTS

- Adjustable Pull Up Handle (pair)
- Mag Pin (4)
- Weight Plate Storage (8)
- Spring Collar (8)
- Landmine Magnet
- Magnetic Landmine
- Low Row Footplate
- Spotter Arm (pair)
- J-Hook (pair)
- Close Grip /Landmine Handle
- Barbell Hanger
- Bodyweight Assisted Strap
- Knurled D-Handle (pair)
- Tricep Rope
- Extension Chain (4)
- Ankle Cuff
- Revolving Lat Pull Down Bar
- Pegs (12)
- Dual Cable Connector
- Magnetic Olympic Lock Collar (pair)
- L-Shape Floor Bracket (4)



SHIPPING SPECIFICATIONS

BOX 1		W	L	H	Weight
	cm	98	230	40	290 kg
	in	39	29	16	640 lb

BOX 2		W	L	H	Weight
	cm	59	70	20.5	215 kg
	in	24	28	9	474 lb

FRAME & DIMENSIONS

Exterior	48" W (77" w/ Smith) × 56" D × 87.5" H
Interior	44 W × 48" D × 83" H
Uprights	2×2" 11-gauge steel, 5/8" hole pattern
Smith Bar Weight	35 lb / 16 kg integrated

WEIGHT RATINGS

Cables	907 kg	2000 lb
--------	--------	---------



*Sliding Bench Compatible