

F3 Folding



The **F3 Folding Pilates Reformer** builds upon its hugely popular predecessors with a revised carriage and the introduction of aluminium runners for an even smoother ride.

The F3's innovative carriage never crosses the folding join so you cannot even tell you are using a folding Reformer, whilst the new aluminium runners offer reduced weight, an extremely smooth ride and a 2cm (0.79") increase in travel to 97cm (38.19").

The F-Series was developed to bring the benefits of a Pilates Reformer workout into your home, without the need to have a dedicated space. The F3 features the same high quality springs found in our commercial Reformers – though there are four springs instead of the standard five. The spring choice being 1 × Light, 1 × Medium, and 2 × Strong ensures the F3 offers ample versatility and progressive resistance.

The most unique feature of the F3 Folding Pilates Reformer is that it folds up in a matter of minutes into a compact and self-contained machine. The F3 design enables easy mobility and storage, making it an ideal choice for those seeking a home Reformer without sacrificing the features found on Reformers found in a studio setting. The wheels at the base of the Reformer also means you can effortlessly wheel-it-around and store it securely out of the way, maximising the use of space in your home.



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More Information

Feature breakdown, interactive comparison, manuals, videos, reviews, and more at align-pilates.com



What's Included?

- Integral standing platform
- Pair of Silent Double Loop Straps
- 4 nickel plated quality music wire springs in 3 different strengths: 1 x light, 1 x medium, and 2 x strong

Optional Extras

- Planking Handles
- Silent Foot Strap with Fluffy
- Jump Board
- Sitting Boxes
- Neck Pillow

Product Options

Product	Dimensions	Code
F3 Folding Pilates Reformer	242cm (L) x 66cm (W) x 23cm (H) (95.28' (L) x 25.98' (W) x 9.06' (H)) Folded: 143.5cm (H) x 66cm (W) x 48cm (D) (56.50' (H) x 25.98' (W) x 19.29' (D))	PAPREFORMERF3
F3 Folding Pilates Reformer With Jump Board	242cm (L) x 66cm (W) x 23cm (H) (95.28' (L) x 25.98' (W) x 9.06' (H))	PAPF3BUNDLE1
F3 Folding Pilates Reformer With Jump Board, Sitting Box & Foot Strap	242cm (L) x 66cm (W) x 23cm (H) (95.28' (L) x 25.98' (W) x 9.06' (H))	PAPF3BUNDLE2

