



## ABDUCTOR/ADDUCTOR F-S-AAOIT

The Force USA Abductor/Adductor Machine is designed to strengthen the inner and outer thighs effectively. With a smooth transition between abductor and adductor exercises, this machine provides versatile lower body training, essential for enhancing leg stability, overall performance and muscle definition, making it indispensable for any gym.

### SPECIFICATIONS:

Product Weight: 485 LBS / 220 KG

Max User Weight: 396 LBS / 180 KG

Weight Stack: 220 LBS / 100 KG

Main Frame: Oval Tube 3.94×1.97×0.12 IN / 100×50×3 MM

Dims (LxWxH): 66.73×28.54×57.48 IN / 169.5×72.5×146 CM

## LEG PRESS MACHINE F-S-LP

The Force USA Leg Press Machine is a powerhouse for lower body development, focusing on building strength and muscle mass in the quadriceps, hamstrings, and glutes. Engineered for smooth operation, it offers a robust weight stack and reliable performance, essential for serious strength training programs.

### SPECIFICATIONS:

Product Weight: 660.3 LBS / 299.5 KG

Max User Weight: 396 LBS / 180 KG

Weight Stack: 264 LBS / 120 KG

Main Frame: Oval Tube 3.94×1.97×0.12 IN / 100×50×3 MM

Dims (LxWxH): 72.05×45.67×57.48 IN / 183×116×146 CM

