



## ABS/BACK EXTENSION F-S-ABE

The Force USA Abdominal/Back Extension machine provides targeted core strengthening with the ability to switch between abdominal and back extension exercises. Designed for smooth and consistent operation, it is an essential piece of equipment for any gym focusing on core stability, lower back health and enhancing spinal support.

### SPECIFICATIONS:

Product Weight: 468.4 LBS / 212.5 KG

Max User Weight: 396 LBS / 180 KG

Weight Stack: 220 LBS / 100 KG

Main Frame: Oval Tube 3.94×1.97×0.12 IN / 100×50×3 MM

Dims (LxWxH): 40.94×49.21×57.48 IN / 104×125×146 CM



## LEG EXTENSION/CURL F-S-LELC

The Force USA Leg Extension/Leg Curl Machine is a versatile addition to any gym, enabling users to strengthen both the quadriceps and hamstrings with a single machine. Its dual-function design ensures efficient lower body workouts, with consistent performance that's built to endure intense training sessions over time.

### SPECIFICATIONS:

Product Weight: 595.2 LBS / 270 KG

Max User Weight: 396 LBS / 180 KG

Weight Stack: 220 LBS / 100 KG

Main Frame: Oval Tube 3.94×1.97×0.12 IN / 100×50×3 MM

Dims (LxWxH): 68.11×42.91×57.48 IN / 173×109×146 CM