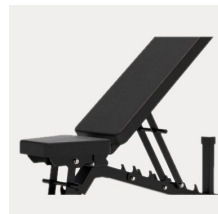
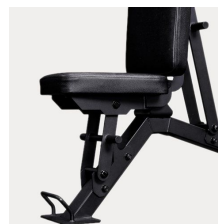




**COMMERCIAL-GRADE FID BENCH**  
**Built for heavy-duty daily use**



The Force USA Commercial FID Bench is a heavy-duty flat, incline and decline bench engineered to meet the demanding standards of professional gym environments. A ladder-style adjustment system moves through 7 back pad angles and 3 seat pad angles, with a 600kg load rating and a front handle plus transport wheels for easy relocation.

## FEATURES

- ✓ 7 back pad angles & 3 seat pad angles via ladder-style adjustment
- ✓ 600kg max load rating for heavy-duty commercial use
- ✓ Stowable vertical tube for decline position
- ✓ Front handle & transport wheels for easy relocation

## EQUIPMENT SPECIFICATIONS

|                        |                                                                                                                                                         |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| Seat Height            | 43.3cm                                                                                                                                                  |
| Mainframe              | Steel                                                                                                                                                   |
| Cushion Thickness      | 5cm                                                                                                                                                     |
| Transport Wheels       | Yes                                                                                                                                                     |
| Floor Level Adjustment | No                                                                                                                                                      |
| Extra Features         | Stowable vertical tube for decline position. Ladder-Style design quick and easy adjustment. Heavy duty construction. Front handle for easy maneuvering. |
| Installation           | Not included. Please refer to the option for assembly service.                                                                                          |
| Dimensions             | 127.7 (L) x 69.2 (W) x 43.3 - 132 (H) cm                                                                                                                |
| Dimensions (Backrest)  | 90 (L) x 30 (W) cm                                                                                                                                      |
| Dimensions (Seat)      | 32 (L) x 30 (W) cm (Tapered)                                                                                                                            |
| Back Pad Angles        | 7 back angle (-11, 0, 20, 40, 55, 70, 90)                                                                                                               |
| Seat Pad Angles        | 3 seat angle (-20, 0, 25)                                                                                                                               |
| Product Weight         | 36kg (79.4lb)                                                                                                                                           |
| Max Load               | 600kg (1322lb)                                                                                                                                          |