

Our **Multi-Grip Pull Up Bar** design allows the user to use a Natural, Supine, Pronated.

The **new weight stack** consists of **2x 77kg** with the option to upgrade each stack to 100kg

- Tricep rope
- Lat bar
- Straight bar
- Spotter arms
- Core trainer
- Collars
- Band pegs



FORCE USA G4

2:1 cable ratio

Home Use

Smith Bar - non counterbalanced