



The Force USA SP1 Flat Bench is an ideal choice for home use, offering a small footprint that makes storage easy and convenient. Constructed with a heavy-gauge rolled steel tube frame for strength and durability, it pairs strong, high-density foam padding with rip-stop mesh-backed upholstery and capped anti-slip feet for stability, while a 250kg rated capacity handles serious loads.

FEATURES

- ✓ Heavy-gauge rolled steel tube frame
- ✓ 250kg rated load capacity including user
- ✓ Rip-stop mesh-backed upholstery for durability
- ✓ Capped anti-slip feet for workout stability

EQUIPMENT SPECIFICATIONS

Seat Height	50cm
Mainframe	Heavy gauge rolled steel tube frame
Transport Wheels	No
Floor Level Adjustment	No
Extra Features	Solid, compact and effective. Strong and durable high-density foam padding. Heavy duty upholstery with a rip-stop mesh backing. Capped anti-slip feet.
Installation	Not included. Please refer to the option for assembly service.
Dimensions	106 (L) x 42 (W) x 50 (H) cm
Dimensions (Backrest)	106 (L) X 31 (W) cm
Product Weight	9.6kg (21.2lb)
Max Load	250kg including user (551.1lb)