



NORDIC-STYLE FULL-BODY CARDIO

Standing pull trains arms, core, hips & legs

The Force USA Ski Trainer & Stand 2.0 (F-SKIERG) brings Nordic-style, full-body cardio training home through a standing pull motion that engages the arms, core, hips and legs. A 10-level air-driven flywheel responds to pulling speed and power through two independent nylon drive cords, while the backlit console tracks time, watts, calories, stroke rate, pace and distance with Kinomap connectivity and Bluetooth or ANT+ heart rate support.

FEATURES

- ✓ 10-level air-driven flywheel resistance
- ✓ Backlit console with Kinomap connectivity
- ✓ Two independent nylon drive cords for synced or alternating pulls
- ✓ Bluetooth or ANT+ heart rate monitoring support

EQUIPMENT SPECIFICATIONS

Power	Battery powered
Drive System	2 Independent nylon drive cords
Resistance	1-10 damper levels (manual)
Display	LCD
Program	3 Pre-set programs
Measures	Time, Calories, Stroke rate, Distance, Watt, Pace
Heart Rate Monitor	Bluetooth or ANT+ (Strap Not included)
Connectivity	Bluetooth (Kinomap compatible)
Compatible Fitness Apps	Kinomap
Transport Wheels	Yes
Extra Features	Comfort Grip Strapless Handles. Slip resistant base. Option to wall mount.
Installation	Included
Dimensions	127 (L) x 59 (W) x 217 (H) cm
Product Weight	54kg