

DUAL-FUNCTION PRESS MACHINE

Chest & shoulder presses, one station

The Force USA Solitude Chest / Shoulder Press Machine is a dual-function strength station that lets users move between chest and shoulder presses from one seat, with independently operating press arms for balanced, natural muscle development. A heavy-duty oval steel frame, multiple grip positions and an adjustable seat deliver commercial-grade stability and ergonomics, while a 100kg weight stack on a 1:1 resistance ratio gives direct, consistent resistance backed by premium bearings for smooth motion.

FEATURES

- Dual-function chest & shoulder press in one station
- Independently operating press arms for balanced training
- Heavy-duty oval tube steel frame
- 100kg weight stack, 1:1 resistance ratio

EQUIPMENT SPECIFICATIONS

Weight Stack	1 x 100kg / 220lb
Device Holder	No
Water Bottle Holder	No
Adjustability	8 arm positions
Seat Adjustment	Shoulder or Chest press position
Extra Features	Superior oval tube steel frame construction. Compact footprint.
Installation	Included
Dimensions	150 (L) x 90.2 (W) x 170.2 (H) cm
Product Weight	180kg

FORCE USA SOLITUDE CHEST / SHOULDER PRESS MACHINE (F-S-CSP-B)