

Biceps Curl / Triceps Extension

IS-2002



FEATURES

- Angled arm pad helps limit shoulder movement for focus on Biceps and Triceps
- Easily adjust machine Cam to switch between these opposing muscle exercises
- Machines axis of rotation and pivoting arm are optimized for proper feel
- Small back pad helps increase stability for Triceps exercise
- i-Strength mechanical resistance system allows for a super smooth training
- Electromechanical servo control mechanism offers
- Standard traditional, Eccentric, Isokinetic and Elastic training

PRODUCT WEIGHT	122kg / 269lb
PRODUCT DIMENSION	1420 x 1200 x 1145mm / 55.9" x 47.2" x 45.1"
MIN. RESISTANCE	7kg / 15lb
MAX. RESISTANCE	86kg / 190lb