

## **MEDIBAND**

Full body workout solution: tone & strengthen all muscle groups and add challenge to regular exercises including pilates, whilst also improving your range of motion and coordination. These resistance bands may also help with rehabilitation from injury.

**⊯** Contains Latex

## FEATURES

- ✓ Made from Premium latex
- ✓ Includes Exercise Guide
- ✓ Weight rating for added convenience
- ✓ Ideal for improving mobility as well as toning, strengthening and promoting muscle growth
- ✓ Great for Rehab

























