

| Max Trainer® SEi



Enjoy a high-intensity, low-noise workout.

Whisper quiet

Skip the noise of a typical elliptical that can make it hard to hear your virtual trainer or workout playlist.

7" color display

See just how much every move on your Max Trainer matters with a 7" color display that keeps track of your heart rate, burn rate, and more.

16 resistance levels

Take it up a notch with 16 resistance levels that deliver a high-intensity workout in a short amount of time.

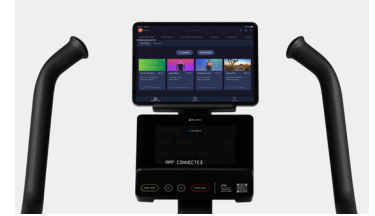
Exclusive Max Trainer workouts

Work out with one of the built-in programs, or train with JRNY® from your phone or tablet. JRNY has on-demand classes and adaptive workouts exclusively for the Max Trainer.

Additional features

- Use your phone or tablet to work out with JRNY®¹
- High-intensity interval training (HIIT)
- Media shelf for a phone or tablet
- Bluetooth® heart rate enabled
- 4-grip handlebars
- Water bottle holder
- Transport wheels

Max Trainer® SEi



Use a phone or tablet to access JRNY™



Elliptical meets stepper



16 resistance levels



7" color display with built-in workouts


Product details

Dimensions:
119.1 cm L x 77.6 cm W x 165.6 cm H

Assembled product weight:
65 kg







Maximum user weight:
136 kg

Warranty: Light commercial



Try a JRNY Mobile-Only Membership free for 2 months.³

- Adaptive workouts
- Motion Tracking²
- Trainer-led classes
- Performance tracking
- Explore the World® routes
- Whole-body workouts

1 Separate subscription required. 2 iPad or Android tablet or phone required for Motion Tracking. 3 Offer limited to new JRNY members and subject to change without notice. JRNY® membership auto renews annually at then-current annual rates, plus applicable taxes, unless canceled at least 48 hours before free period ends. © 2023 BowFlex Inc., All rights reserved. BowFlex Inc. (www.bowflex.com) trademarks include BowFlex®, Max Trainer®, VeloCore™, JRNY™, and respective logos. Other trademarks are the property of their respective owners. BowFlex Inc. 17750 SE 6th Way, Vancouver, WA 98683.