



ENTRY-LEVEL ADJUSTABLE BENCH
REP's most affordable adjustable bench

The AB-3100 is REP's most affordable adjustable bench, featuring six back pad adjustments (0, 30, 45, 60, 75, 90 degree) and three seat angle options (0, 10, 20 degree). It's a heavy-duty, flat-incline bench (no decline position) with a three-post design, so the legs of the bench won't get in the way of your feet while pressing, and angles switch easily and securely with the ladder adjustment design. Grooved, rubber, grippy feet on all three contact points plus a vertical support tube keep it stable under loads up to 317.5kg (700lb), and pads are covered in non-slip, textured vinyl that's easy to clean. Available in metallic black and red.

FEATURES

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Sturdy 14- to 4-gauge steel frame with grooved rubber feet
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Three-post design gives more foot space when pressing
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Ladder-style design for easy, secure angle adjustments

EQUIPMENT SPECIFICATIONS

Seat Height	42.6cm
Mainframe	14- and 4-Gauge Steel
Cushion Thickness	5cm
Transport Wheels	Yes
Floor Level Adjustment	No
Extra Features	Rubber feet for grip and floor protection. Ladder-Style design. Heavy duty construction.
Installation	Not included. Please refer to the option for assembly service.
Dimensions	128.3 (L) x 58.4 (W) x 42.6 - 128 (H) cm
Dimensions (Backrest)	88.3 (L) x 29.8 - 22.8 (W) cm. Tapered.
Dimensions (Seat)	33 (L) x 26.7 - 20.3(W) cm. Tapered.
Back Pad Angles	6 adjustments : 0, 30, 45, 60, 75, 90 degree
Seat Pad Angles	3 adjustments : 0, 10, 20 degree
Cushion Gap	4.3cm
Product Weight	31.75kg (70lb)
Max Load	317.5kg (700lb)