



IPF COMPETITION FLAT BENCH
Built to official height standards

The FB-5002 is a flat, competition-style bench designed to meet the International Powerlifting Federation's height standards, so lifters can properly prepare for a meet. Its stable tripod foot design keeps the bench's legs out of the way of the lifter's foot placement for optimal leg drive. The high-density, 10.15cm-thick pad is covered in extra grippy CleanGrip material, and the frame is built from 3x3in, 11-gauge steel with a 454kg (1,000lb) capacity — yet the bench weighs only 28.12kg (62lb) and moves easily on its integrated steel handle and industrial roller wheels.

FEATURES

- ✓ Built to meet official IPF height standards
- ✓ Extra-thick CleanGrip pad for secure, comfortable lifts
- ✓ 3x3in upright, 454kg (1000lb) load capacity
- ✓ Rubber feet protect floors and prevent movement
- ✓ Front handle with transport wheels for easy moving
- ✓ Cost-effective, high-quality construction

EQUIPMENT SPECIFICATIONS

Seat Height	42.9cm
Mainframe	3 x 3 inch, 11 gauge steel
Cushion Thickness	10.15cm
Transport Wheels	Yes
Floor Level Adjustment	No
Extra Features	Extra grippy Cleangrip material. Rubber feet for floor protection.
Installation	Not included. Please refer to the option for assembly service.
Dimensions	128.3 (L) x 53.34 (W) x 42.9 (H) cm
Dimensions (Backrest)	121.92 (L) x 30.48 (W) cm
Product Weight	28.12kg (62lb)
Max Load	454kg (1000lb)