

REEBOK FR30 CROSS TRAINER

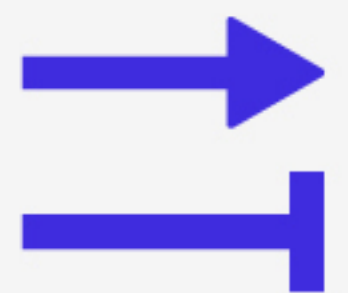
TAILOR & TRACK



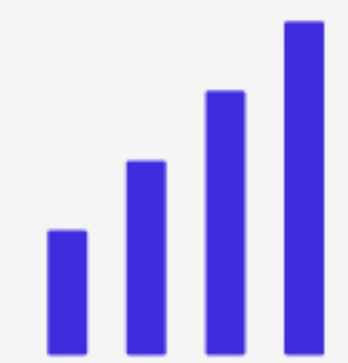
Heart rate control & 18 pre-set programmes plus recovery mode



Console feedback: speed, time, distance, calories, pulse, RPM & resistance



3 target modes: time, distance & calories



32 electronic resistance levels



REEBOK FR30 CROSS TRAINER

SMOOTH ROTATIONS



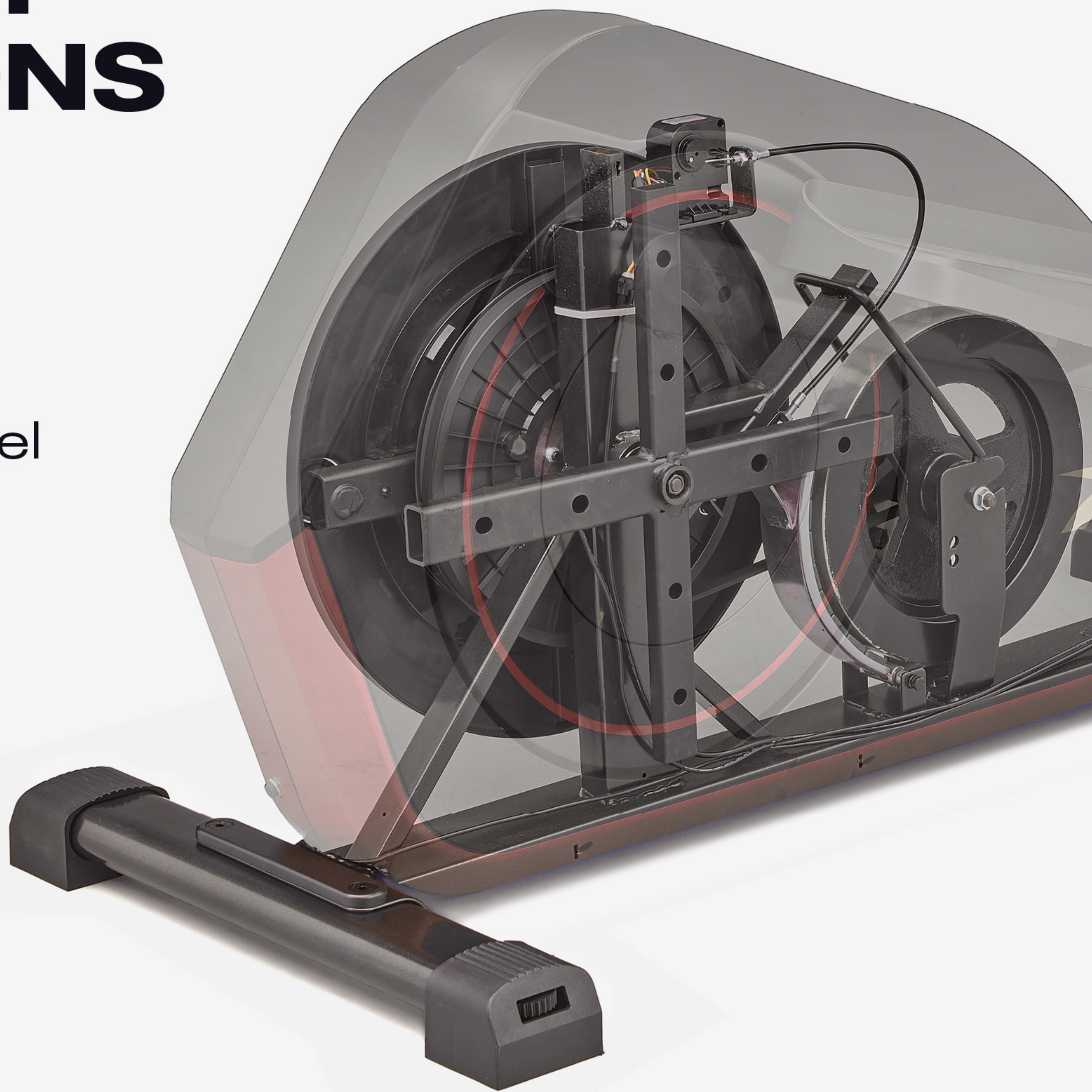
Strong & robust
9kg / 20lb flywheel



Creates a
smooth motion
for a consistent
cadence



15cm stride length provides a
comfortable elliptical motion for all user heights



REEBOK FR30 CROSS TRAINER

CUSHIONING & GRIP



Cushioned footplates with a slip-resistant surface provides comfort and grip to your workouts



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PHONE / TABLET HOLDER



Built-in tablet / phone holder provides the optimum viewing angle



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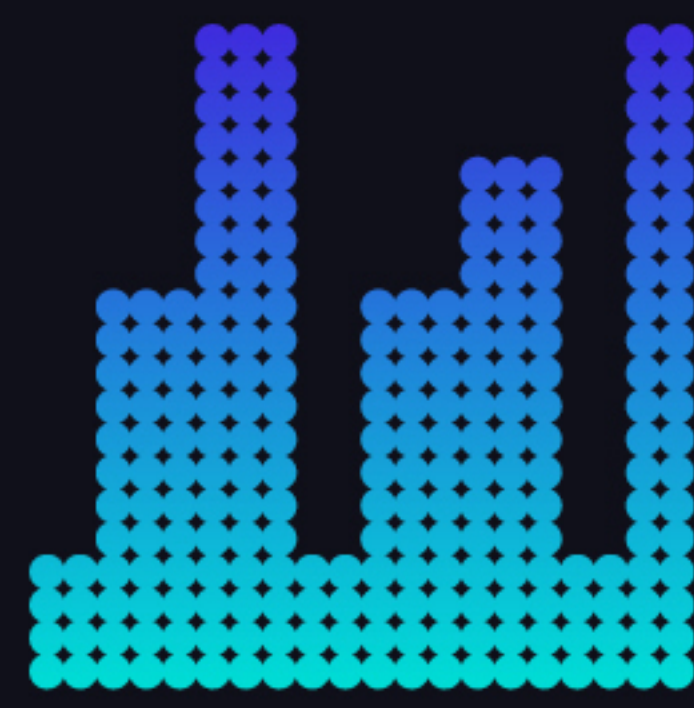
PRE-SET PROGRAMMES



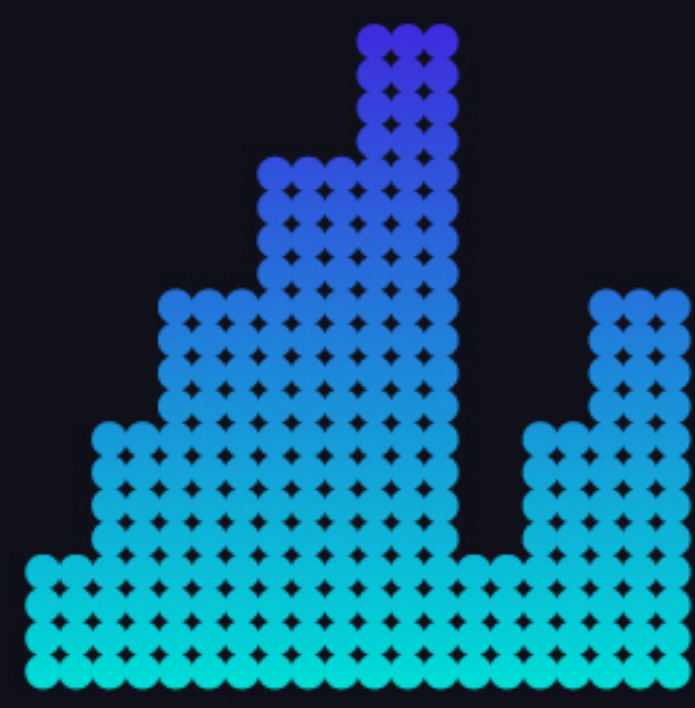
18 pre-set programmes keep you motivated



P1



P2



P3



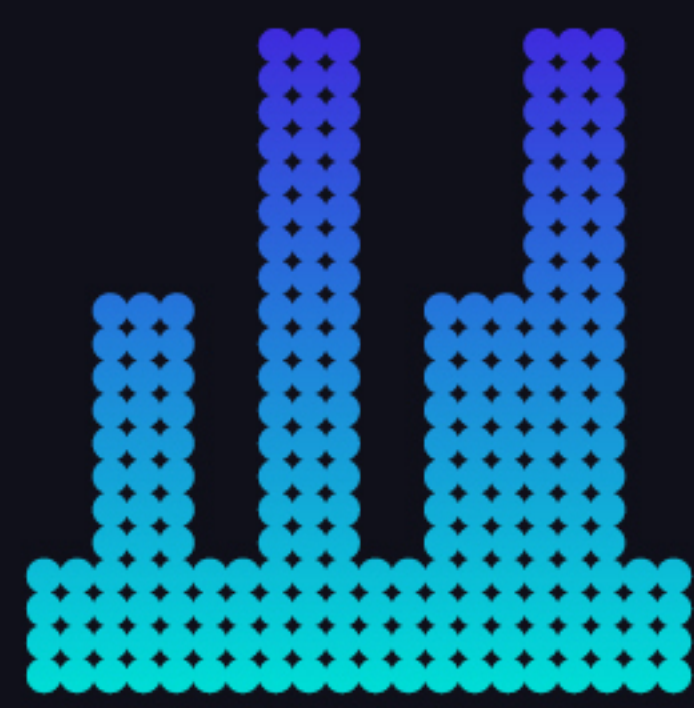
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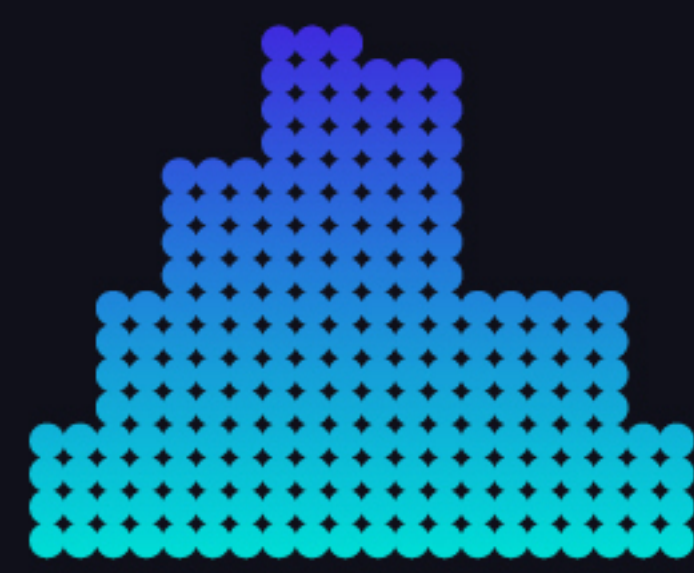
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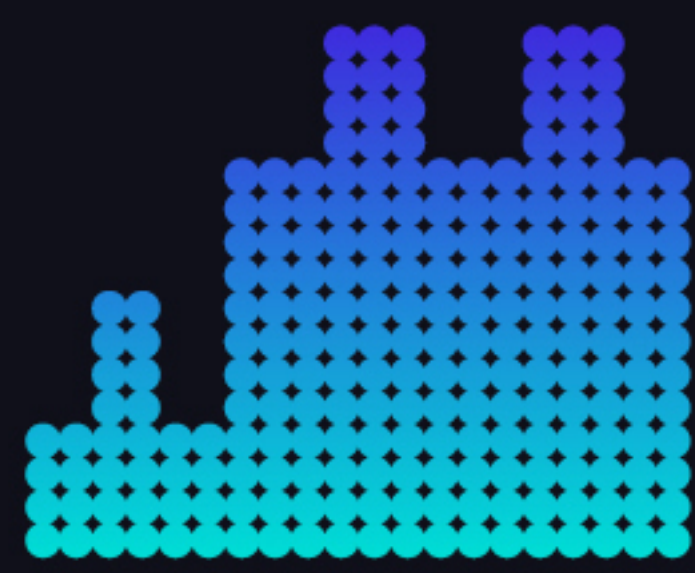
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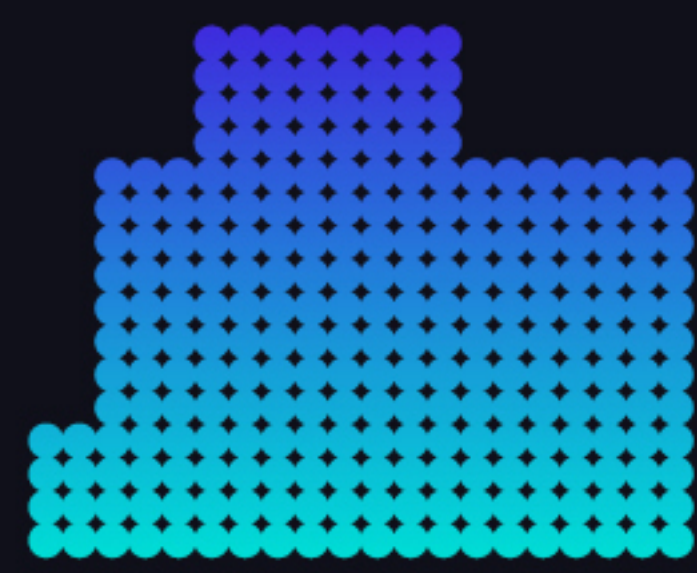
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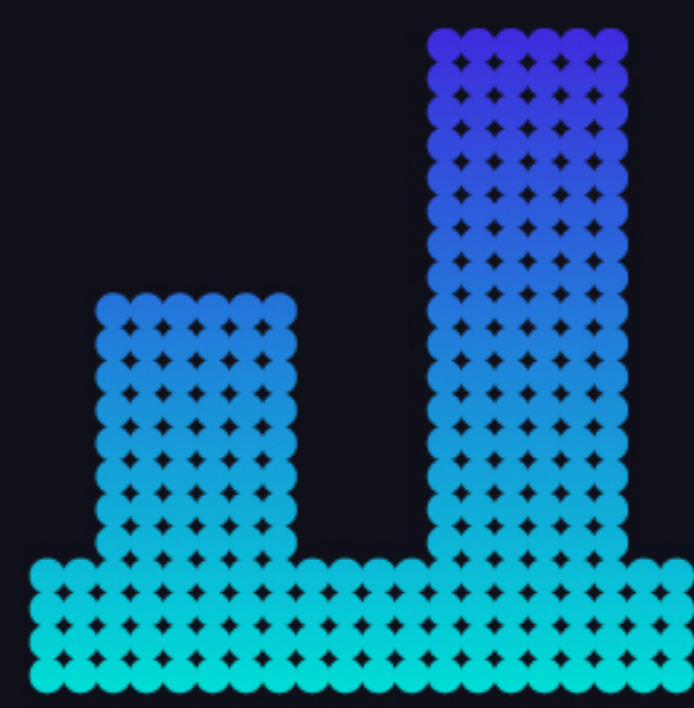
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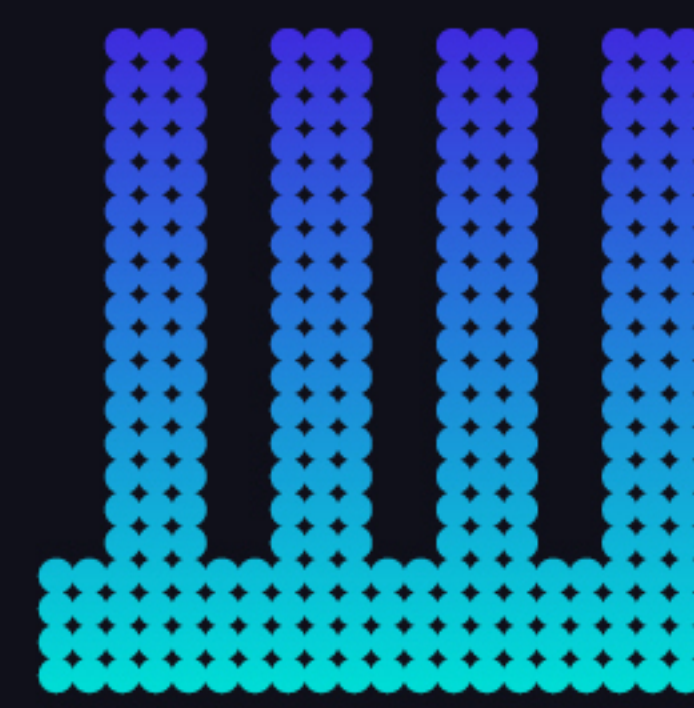
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P10



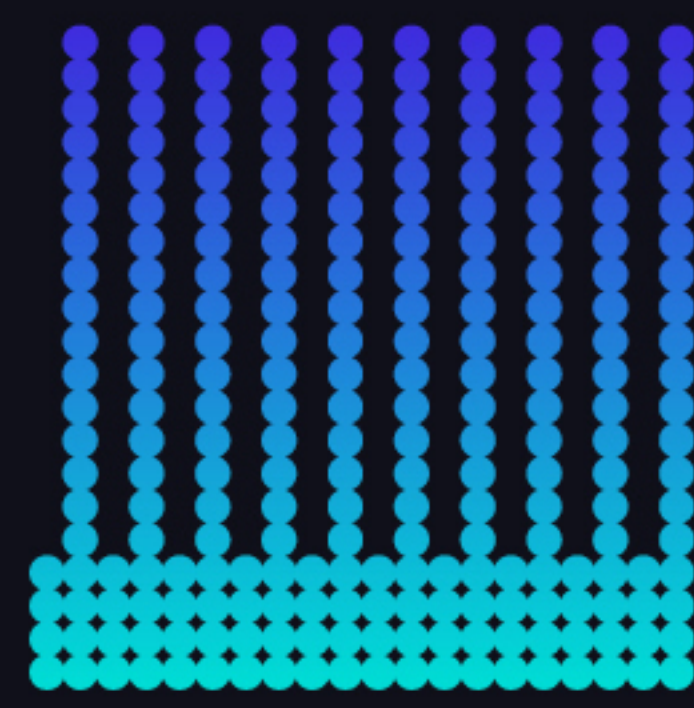
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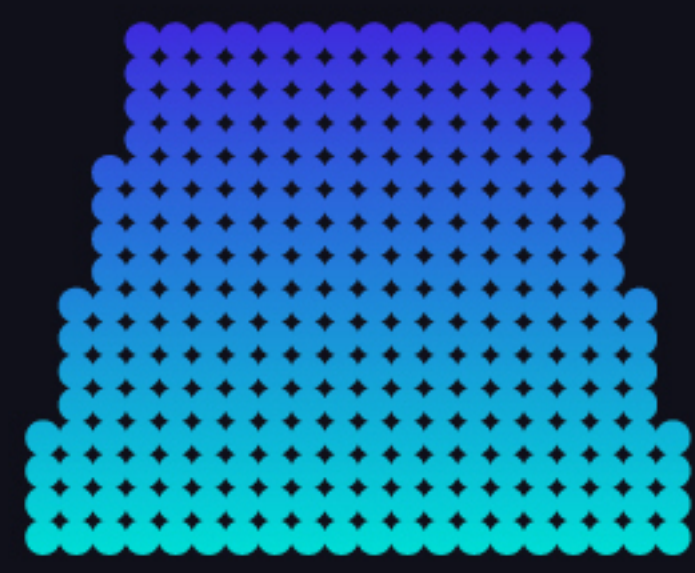
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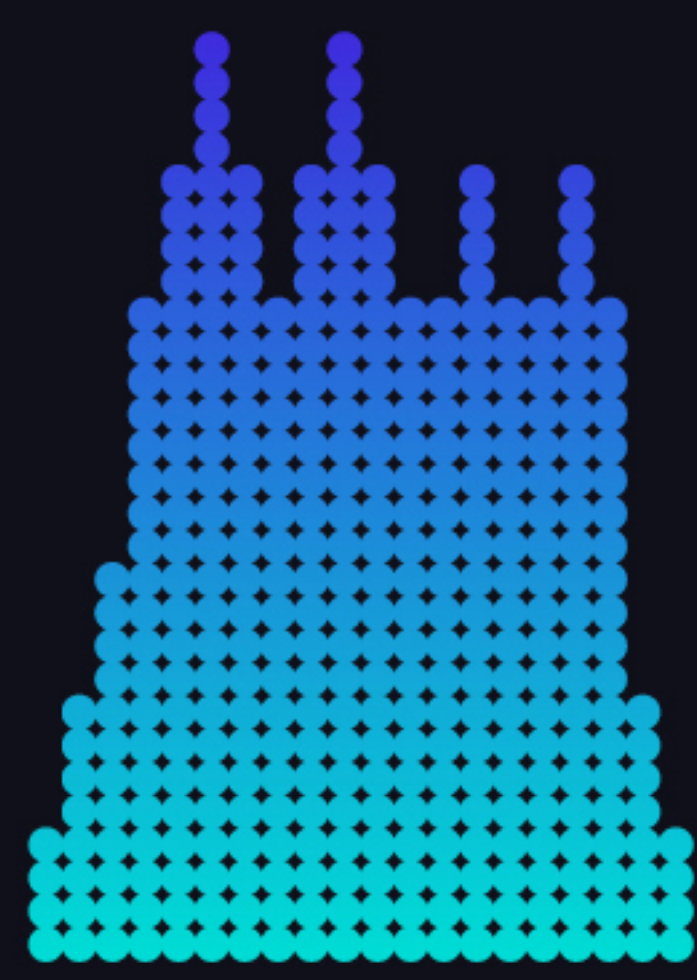
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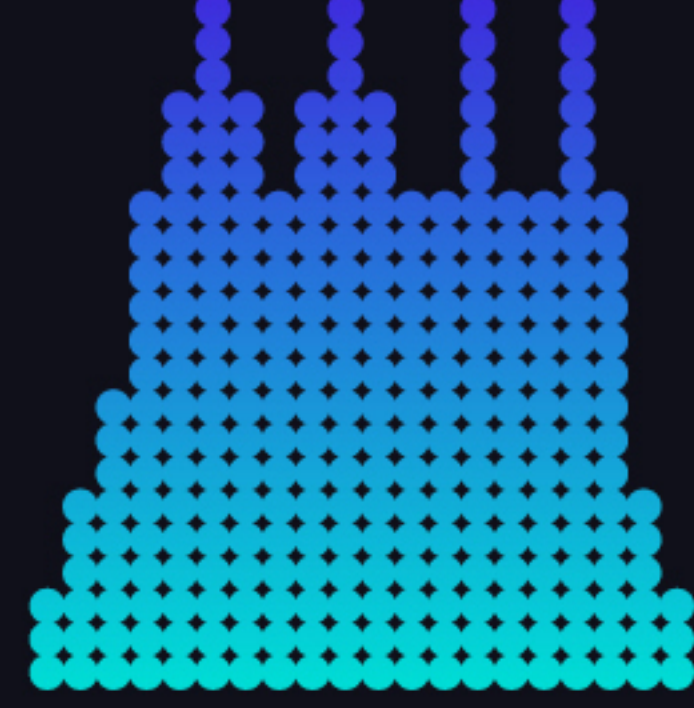
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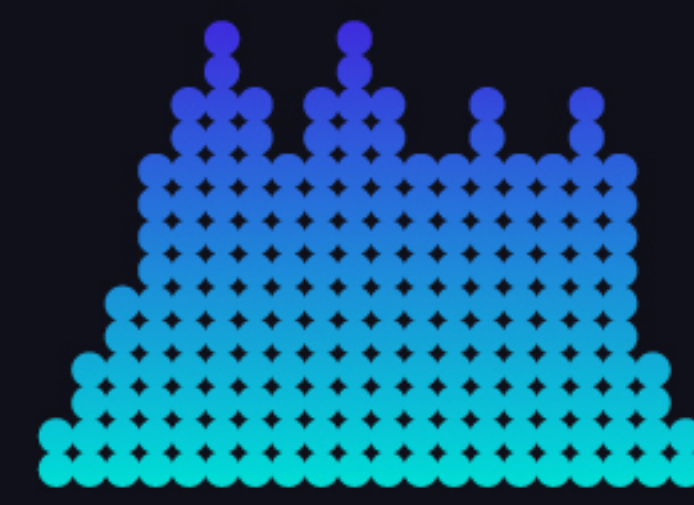
P15



P16



P17



P18

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KINOMAP COMPATIBLE



*Kinomap subscription required



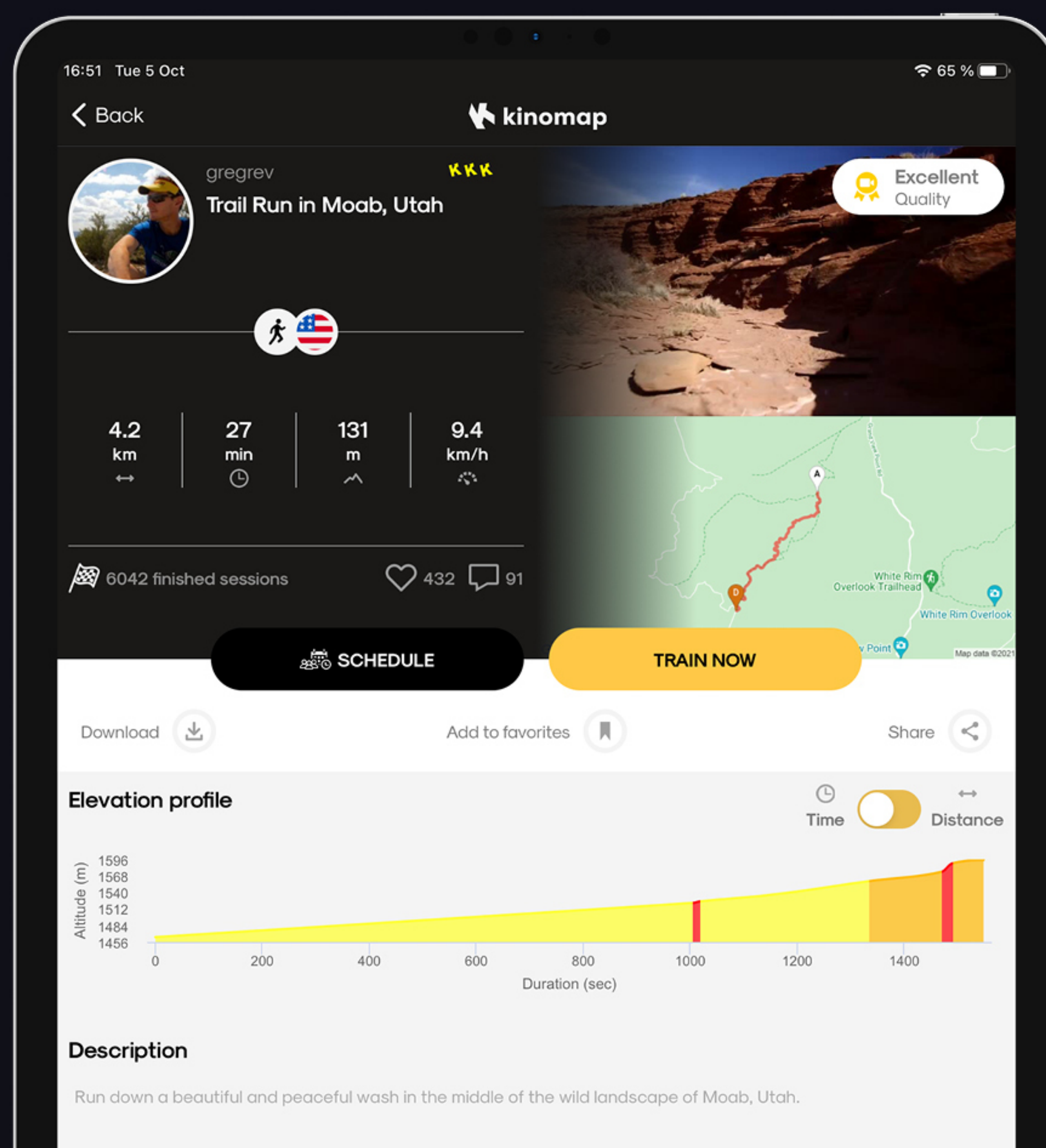
Train all over the world with real routes



Workouts, coaching & interval training



Challenge your friends with multiplayer mode



REEBOK FR30 CROSS TRAINER

SETUP



167 cm / 66 "

150 cm / 59 "

68 cm / 27 "

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ADDITIONAL FEATURES



Touch response
LED display with
illuminated bezel



Dual-action
and fixed
handlebars



15cm stride
length for all
user heights



Solid build
quality: 120kg
weight limit



Non-slip,
cushioned
footplates



Integrated
pulse sensors
on the handles



Water bottle
holder



Transport
wheels



Floor level
adjustment