





The CRW800+ Rower combines a long list of high-performance features with a reliable design. From the convenience of the 508mm frame height and folding storage design to the combined air/magnetic resistance and remote handle controls, the CRW800+ is sure to impress. It is the perfect addition to a corporate fitness/recreation center, school or hotel because the ease of use and resulting unparalleled full-body workout are second to none.

## **FEATURES:**

- Air and magnetic resistance (16 levels) for smooth and consistent operation.
- Wireless remote handle controls allow quick changes to resistance.
- Built-in generator, no plug required.
- Commercial grade handle strap is both smooth and reliable.

## **CRW800**+

Built-in HR receiver

Easy-touch control buttons

Ten effective programs offer a wide variety of workouts

Large 5.5" LCD window



TIME

4:0

F

MODE

SPEED

64

DISTANCE

LEVEL

UP

DOWN

STROKES / MIN

:35

5

RESET

36

HEARTRATE CALORIES

START/STOP

Quick resistance changes without removing your hands from the handle

Low battery indicator

## ■ SPECIFICATIONS

Console	5.5" LCD, adjustable console angle and console arm
Programs	Manual, Distance, Time, Calories, 20/10 Interval, 10/20 Interval, Custom Interval, Fat Burn, Cardio, Strength, Game
Heart Rate	Telemetric compatible (chest strap sold separately)
Resistance	Air and Magnetic (16 Levels)
Power	Self generating, 2 C batteries required (not included)
Seat	Contoured and Padded
Footrests	Flex pedals with numbered settings
Flywheel System	Ф200, 3.5kg
Monorail Length	1372mm (54″)
Frame	High-Strength Steel with Durable Powder-Coat Paint; Aluminum Monorail
Dimensions	2388 x 457 x 965 mm (1346 x 457 x 1803 mm folded)
Product Weight	43.5kg / 95lb
Max. User Weight	205kg / 450lb