



## Prone Leg Curl

SP-4318

## **FEATURES**

- Prone positioning allows full range of motion training of hamstrings across both hip and knee joints
- Pad angles stabilize hips to prevent them from rising during exercise
- · Adjustable lower leg pad and range of motion to accommodate users of all sizes
- · Integrated rep counter and built-in storage on top cap

PRODUCT DIMENSION	1725 x 1278 x 1500mm / 68" x 50" x 59"
WEIGHT STACK	115kg / 250lb (10lb x 5pcs + 20lb x 10pcs) The incremental weight : 5lb
PRODUCT WEIGHT	239kg / 527lb
CARTON DIMENSION	
CARTON A	1750 x 600 x 125mm / 69" x 24" x 5"
CARTON B	1880 x 730 x 260mm / 74" x 29" x 10"
CARTON C	1260 x 850 x 400mm / 50" x 33" x 16"
CARTON D	900 x 190 x 540mm / 35" x 7" x 21"
CARTON E	530 x 500 x 290mm / 21" x 20" x 11"

