

# XBR55 RECUMBENT BIKE



This ergonomically designed recumbent bike comes complete with a fully adjustable, mesh-back seat that reclines. A bright 7.5" multi-colored LCD screen, cooling fan, and handlebar resistance controls, means no more stop and go adjustments. With a 10 kg flywheel and 20 levels of resistance, you will stay challenged during every training session.

## FEATURES

- Sleek steel frame and 7.5" multi-color LCD
- 10 kg flywheel with 20 levels of magnetic resistance
- Large mesh back seat adjusts fore/aft and reclines
- Bluetooth connectivity allows you to track your progress and connect with your favorite health and fitness apps
- Pedals are oversized with fast-latching straps

## CONNECTS TO:



SPIRIT+



FITBIT\*



ZWIFT



APPLE HEALTH KIT\*



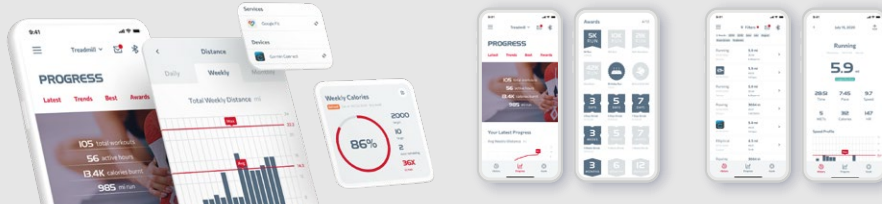
KINOMAP



MAP MY FITNESS\*

AND MORE!

\*CONNECTS VIA SPIRIT+ APP



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

## EQUIPMENT SPECIFICATIONS

Console	7.5" Multi-Color LCD, Heart Graph, Tilt/Swivel Tablet Holder, Adjustable Fan, Bluetooth Speakers, USB Charging Port
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, Time, Distance, Calories, 2 Custom, 4 Heart Rate
Heart Rate	Contact & Telemetric (5kHz & Bluetooth), Chest Strap Not Included
Resistance Levels	20 Levels
Hand Pulse Sensors	Yes
Flywheel	10 kg
Seat Back Angle	Adjustable
Pedals	Oversized and Self-Balancing w/ Fast-Latching System
Seating	High Density Seat w/ Adjustable Nylon Mesh Back
Remote Buttons	Resistance, Seat Handlebar Mounted
Dimensions	1440 x 750 x 1440 mm
Product Weight	74.3 kg
Max User Weight	150 kg